

# The Sacrifice Cross

**Read** 1 Peter 3:18, Romans 5:6

**Do** You'll need: coloured cardboard, scissors, markers and blu-tac.  
Cut out a large cross and use the blu-tac to stick it up on the wall.

Cut out some flower shapes – a different colour for each person. Trace each person's hand and cut it out. Write on the hand the item you will be sacrificing for the week of Easter. Each time a family member sacrifices their item they get to put a flower on the cross.

## Talk

Jesus sacrificed his life for us. Giving up something that's precious to us, even just for a few days, reminds us of what a wonderful gift we receive from Jesus - eternal life. Talk with your children about what you could choose to give up – maybe a favourite food item, or a hobby, TV or computer (homework is not an option!) but don't make it too hard! Decide for how long you will each give up this item.

On Easter Friday celebrate the number of flowers you have on the cross and give thanks to Jesus for what he gave up for each of us. Talk about how hard it was to give up these things and how it helped you focus on Jesus.

