

# Easter Story Meringue Biscuits

**Read** See the verses below. Either read them as you make each stage or at the end. Ideally, this activity should be done on the Saturday night of Easter weekend.

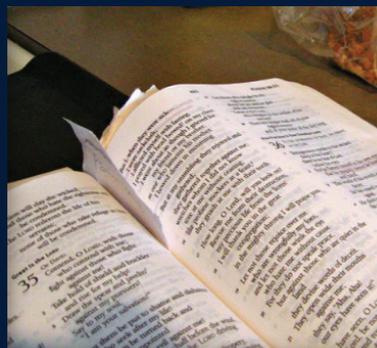
## Do & Talk

You'll need: 1 cup whole pecans or walnuts, 1 tsp. vinegar, 3 egg whites, pinch of salt, 1 cup sugar, large zipper bag, wooden spoon and tape. Preheat oven to 150°C.

- Place pecans or walnuts in a ziploc bag and let the children beat them with the wooden spoon to break into small pieces. Explain that after Jesus was arrested, he was beaten by the Roman soldiers. Read John 19:1-3.
- Let each child smell the vinegar. Add a teaspoon of vinegar into the mixing bowl. Explain that when Jesus was thirsty on the cross he was given vinegar to drink. Read John 19:28-30.
- Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave his life to give us life. Read John 10:10-11.



- Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sins. Read Luke 23:27.
- So far the ingredients are not very appetising. Add 1 cup of sugar. Explain that the sweetest part of the story is that Jesus died because he loves us. He wants us to know and belong to him. Read Psalm 34:8.
- Beat with a mixer on high speed for 12-15 minutes until stiff peaks are formed. Explain that the colour white represents the purity in God's eyes of those whose sins have been cleansed by Jesus. Read Isaiah 1:18.



- Fold in the broken nuts. Line a baking tray with waxed paper. Drop spoonfuls of the mixture onto waxed paper.
- Explain that each mound represents the rocky tomb where Jesus' body was laid. Read Matthew 27:57-60.
- Place the tray in the oven, close the door and turn the oven OFF. Give each child a piece of tape and seal the oven door. Explain that Jesus' tomb was sealed. Read Matthew 27:65-66.
- GO TO BED. Explain that they may feel sad to leave the meringues in the oven overnight. Jesus' followers were in despair when the tomb was sealed. Read John 16:20.
- On Easter Sunday morning, open the oven and remove the meringues. Take a bite. Notice the meringues are hollow. On the first Easter Jesus' followers were amazed to find the tomb open and empty. Read Matthew 28:1-9.

Talk about what had happened. Why was the tomb empty? Who were the first people to see the risen Jesus?

