

MY IDENTITY IN CHRIST

GOAL: *To inspire and equip parents and children to see their identity in Christ.*

Preparation:

- Post-it notes for game
- A3 paper and pens
- Video clips x2 (see below) and computer to play (preview to decide suitability)
- ‘Who am I’ sheets for each person
- Pens

Game: Headbands—Who am I? (5 min)

Find a volunteer to be up the front and stick on their head a post it note with one word on it and then they have to ask questions as to who they are. Suggestions of words are: *princess, clown, bully, nerd, teachers pet*. These are examples of words that we are called so other such names could be added.

Explain it: The names we are called

Debrief game:

We have all been given a name, but often we are called other names by our parents, family, friends or teachers. Some of these names are great as they are positive, but unfortunately some are not so nice. Today we are going to look at those names and then how God sees us.

What do we mean by “identity”? *[Ask participants to respond]*

Activity for everyone—take an A3 piece of paper and divide into thirds acrossways. In the middle section draw a picture of your self and then on the left hand side write down names (both positive and negative) that you are called by your friends, family, teachers sports coach etc.

In life we get called all sorts of names—good, bad, true, false. Many of these names we then start to believe about ourselves—but how does God see me?

Now let’s look at Scripture: *[Read Scriptures and elaborate]*

1 John 3:1

See how much our Father loves us, for he calls us his children, and this is what we are!

God loves us all and see us as his children.

Genesis 1:27

So God created human beings in His image.

We are all created by God in His image.

John 1:12

But to all who believed and accepted Him, he gave the right to become children of God.

I am a child of God when I choose to follow Jesus.

1 Peter 2:9

You are a chosen people.

Other verses to look up are John 3:16, Jeremiah 29:11, Jeremiah 31:3.

On the right hand side of the paper write how God sees us, after looking up the verses.

Have a stamp pad available for fingerprints then write "I AM UNIQUE".

Inspire them: Do I see myself as God sees me?

YouTube—'What is Identity' Crossroads, or for older children 'Your identity in Christ' Cleon Alleyne.

We now have a choice—to believe what God says about us or to believe what other people say about us. Sometimes this can be a daily choice, regardless of what age we are.

Share some of Nick Vujicic's story: www.youtube.com/watch?v=igkLOCFnyY

He saw his potential not his limitations.

Model it: Putting it into practice in your family

Every person to complete the 'Who am I' activity page. In family groups pray a blessing over each person that they will see themselves as God sees them.